

Support legislation to limit youth access to tobacco products — including e-cigarettes and vaping/juuling devices — through social sources such as older high school students.

## BACKGROUND

- Nationwide, more than 3,800 young people under the age of 18 smoke their first cigarette each day.
- 31.4% of high school students use tobacco products, including e-cigarettes.
- E-cigarettes are the most popular tobacco product used by youth, especially those in high school.
  - Tobacco companies market smokeless tobacco, little cigars, and e-cigarettes in youth-friendly flavors like cotton candy, gummy bear, cherry, and watermelon.
  - 81% of youth who tried e-cigarettes started with a flavored e-cigarette.
- Three in four smokers (ages 15 17) obtain cigarettes from social sources.<sup>1</sup>
- Older teen smokers (ages 18 19) are a major supplier of cigarettes for younger smokers.
  - 63% of high school students have given money to someone of legal age (18 years old) to purchase cigarettes for them.

## HOW RAISING THE AGE WILL PREVENT TOBACCO USE IN YOUNGER TEENS

- Delays the age when people first use tobacco.
- Reduces the risk of becoming a regular smoker by creating a wedge in the social circles of those who can legally purchase tobacco and those who cannot.
- Makes it harder for younger teens to pass themselves off as 21 years old to purchase tobacco products.
- Reduces the likelihood that legal purchasers would be in the same social networks as high school students and therefore less able to sell or give cigarettes to them.
- Helps keep tobacco out of high schools where younger teens often obtain tobacco products from older students.

<sup>&</sup>lt;sup>1</sup> Campaign for Tobacco-Free Kids, "Increasing the Minimum Legal Sale Age for Tobacco Products to 21," http://www.tobaccofreekids. org/research/factsheets/pdf/0376.pdf.